

Making small changes
could give you big savings ...

**SAVE
ENERGY**



**SAVE
MONEY**



SAVE UP TO
£100



40%
CHEAPER



SAVE
£100S
ON WATER
HEATING



5P
EVERY TIME
YOU BOIL

SAVE MONEY WITHOUT SPENDING A PENNY

The easiest way to save money on energy costs is to use less if you can. If you're able to make small changes to your daily habits, these can have a big impact on energy bills.



Showering

Each person spending one minute less in the shower could save £20 to £100 a year. Aim for an average time of four minutes.



Electrical appliances

Devices on standby can use almost as much energy as when they are being used. Remember to switch off at the plug socket or use a power-saving plug.



Kettles

Only boil the amount of water you need. From April 2022 it costs about 5p every time you boil the kettle.



Lights

Turn off lights that aren't being used. Don't forget to turn off lights when you leave a room.



Heating water

Don't leave immersion or water tanks on a 'continuous' setting, as most households only need these on for one or two hours a day. You could save £100s each year by reducing the time you heat water in your tank.



Washing

- Wait until you have a full load before you use your washing machine or dishwasher
- Reduce the temperature of your wash from 40°C to 30°C. This could reduce your laundry cost by as much as 40%.
- Dry your washed clothes outside when you can, instead of using a tumble dryer. Drying clothes outside also helps reduce the amount of condensation in your home. This can reduce problems with damp and mould.

THINGS THAT MAY COST SOME MONEY

- **Lightbulbs:** when they need replacing, use LED lightbulbs
- **Showers and taps:** fit water-saving devices
- **Heating:** make sure you insulate your hot water tank, pipes and behind radiators
- **Draughts and heat loss:** draught-proof around doors and windows, fill any unwanted gaps around pipes that lead outside and think about adding lining or thicker curtains to your home. Adding carpets helps reduce heat loss through floors.

FINANCIAL HELP (CONDITIONS APPLY)

- The **Sustainable Warmth** grant scheme covers insulation, heating and renewable energy to improve the efficiency of your home. It's available to households with a combined income of below £30,000 and with an EPC (energy performance certificate) rating of E, F or G. Contact Exeter Community Energy at ecoe.org.uk/healthy-homes-wellbeing
- Under a scheme called the **Energy Company Obligation**, energy suppliers are funding insulation, draught proofing and boiler replacements – find out more from your energy supplier. Installers might contact you about these grants – check these installers are part of this scheme at eastdevon.gov.uk/household-bills or call 01395 571572.
- The **Disabled Facilities Grant** is for home improvements and adaptations (including heating) for residents with disabilities and on benefits. Contact Care Direct by calling 0345 155 1007.
- **Lendology** is a not-for-profit loan company working with East Devon District Council. They provide low-interest loans for essential home repairs, including energy efficiency improvements. Go to lendology.org.uk or call 01823 461099.

MORE SUPPORT

- **Get free energy assessments** with a home energy advisor from Exeter Community Energy. Get advice to help you save money, energy and water in your home. Eligible households can have a free in-depth phone assessment or home visit. Go to ecoe.org.uk/healthy-homes-wellbeing
- **Get information and find out what support is available from East Devon District Council** if you're struggling to afford your energy costs or other essentials. Go to eastdevon.gov.uk/household-bills
- **Energy Saving Trust** provides advice, including how to draught-proof your home. Go to energysavingtrust.org.uk/energy-at-home
- **Martin Lewis' Money Saving Expert** is a website that has energy saving tips. Go to moneysavingexpert.com
- Go to **GOV.UK** to find out about energy grants and ways to save energy in your home
- **Citizens Advice** has helpful information at citizensadvice.org.uk and citizensadviceeastdevon.org

COLD CALLING

Our advice is never to engage with cold callers on the doorstep or on the phone. The grant funding and energy efficiency industry is going through massive change at the moment, so it's a good time to get impartial advice about what's right for you and your home. If an offer sounds too good to be true, it's worth checking with East Devon District Council, Trading Standards or Exeter Community Energy.

